

Cortisone Injections

When used appropriately, Cortisone is very safe and effective. It remains a common and standard treatment for orthopedic disorders including tendonitis, arthritis, muscle, and joint inflammation.

What Can I Expect After The Injection?

Immediate- Naturally, all injections cause pain to some extent. The amount of pain depends both on the patient's pain tolerance and location of injection. This is short term and resolves within a few minutes. Most patients are pleasantly surprised and say that the injection feels similar to a flu shot.

Intermediate- Sometimes you may experience a burning pain the night of or the day following the injection. This is a fairly common experience and you should not be alarmed. It will help to apply ice to the area. This typically passes within 24 hours.

Long Term- You will usually notice substantial relief of your pain within a week.